April 2007

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Director's Message

Our Department has been busy this month implementing all the new initiatives that were passed by the Legislature. We're excited to see if our efforts to provide more treatment opportunities for Utah families with substance abuse problems will pay off. I am proud of the Division of Substance Abuse and Mental Health for the work they are doing to start these new models of hope and recovery. Watch for the Governor's meth public awareness campaign to start soon!

In your responses to our employee survey, many of you told us that we need to improve supervisor training. Specifically you felt like a supportive and understanding supervisor who recognized quality work was a key factor in job satisfaction. We will be looking at this over the next few weeks to see what type of training would be most useful. I would also refer you to the training questions in this issue (p. 10) asking for your input. We are putting training information in each Human Touch – is that useful?

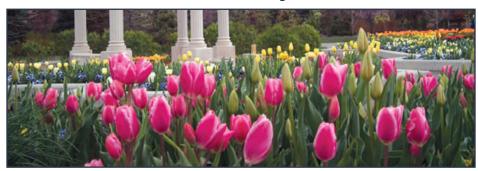
You may have heard about the possible sale of the State Administration Building in Salt Lake City. We continue to work with the Division of Construction and Facilities Management on this issue. We don't have any firm dates or plans yet, but please know I am looking out for the Department's interest as we contemplate this big change.



I attended the Juvenile Justice Statewide Conference last week and was completely impressed with the JJS employees receiving awards that day! It was great to meet all of you and hear about the good things you are accomplishing on behalf of children.

Next month I will be attending Parent's Day at the Developmental Center. This is a nice opportunity to hear from families of our clients and interact with those we serve. I am also looking forward to hosting our Health and Human Services Interim Committee when they visit the Developmental Center and the State Hospital for their May meeting. As always, I love showing off your work to those who make important funding decisions.

I hope your spring is going well. Thanks for all you do and keep up the good work!



Number 4

"J's" Story

Kathryn Wright, Div. of Child and Family Services

Utah Dept. of Human Services

"J" is from the Marshall Islands. She speaks Marshallese but little English. She came to the United States to visit family and met the father of her two children born in 2003 and 2004. The family ended up in Salt Lake City where "J" was dependent on the children's father both economically and socially. She was not involved with the Marshallese community here and was isolated by her abusive partner.

"J" initially got involved with the Division of Child and Family Services in December 2004 when there was a domestic violence incident between her and the children's father. Although "J" reported that the father typically hit her and not the children, the youngest child suffered a skull fracture. "J's" two children were placed in DCFS custody from December 2004 until April 2005 when they returned to their mother's care. The father was sent to prison and will be deported when released.

DCFS received two further referrals for non-supervision in Fall 2006. The children were found wandering in the parking lot outside the apartments where they lived. However, in Marshallese culture, family and community are inextricably intertwined. Everyone is responsible for the children there.

"J's" Department of Workforce Services financial assistance was nearly exhausted and her housing expires the end of March. Meanwhile, "J" didn't have a housing plan or any income. She slept a lot and appeared depressed.

In several Child and Family Team Meetings (also attended by the only Marshallese translator in Salt Lake), "J" indicated her strong preference to return to family in the Marshall Islands. She contacted them and successfully arranged for her passport and money for the children's U.S.



Marshall Islands - "... in Marshallese culture, family and community are inextricably intertwined. Everyone is responsible for the children there."

passports. The family couldn't provide the entire plane fare by the time "J's" housing and benefits expired.

Her only option here was the Family Shelter. "J" also had family in Hawaii where there is a significant Marshallese population and a consulate. A grant was requested to assist the family to get to Hawaii where "J" and her children would have family assistance and a Marshallese population that could communicate with her and assist her in getting to the Marshall Islands. "J" also assured us that she would be able to stay with relatives in Hawaii until going to the Marshall Islands.

" J" left Salt Lake City with her two young children on March 26, 2007 for Hawaii with a list of contacts and referrals to a Marshallese community leader and the consulate.

"J" telephoned on March 27 using her limited English to say: "safe" "brother" and "thank you."

Family Links Conference in Monument Valley





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Annual Governing Youth Council Summit Learns Prevention Strategies

Lynette Willie, Div. of Substance Abuse and Mental Health

Ben Reaves has energy! Energy enough to supervise over 200 teens from across the State during the Governing Youth Council (GYC) Summit held in Ogden on March 29-30. Reaves, a program manager with the Division of Substance Abuse and Mental Health, works with GYC in their focus to educate their communities about the risks of using alcohol, tobacco, and other drugs.

Utah's former Governor Scott Matheson established the GYC and today it operates as a statewide networking youth group that plans and coordinates activities. GYC works with various state agencies and schools to promote positive lifestyles and provide solutions to problems facing today's youth. The youth are recruited from school districts to ensure a broad representation throughout the state. Each teen's commitment to GYC is on a volunteer basis and current membership in GYC exceeds over 500 members.

"GYC holds the annual leadership retreat to educate youth about the latest prevention strategies/research for preventing substance abuse, and teaches them about how they can serve in their communities," said Reaves.

The GYC Officer Board planned the summit and extended a special invitation for Mayor Matthew R. Godfrey (Ogden) to give the keynote address. He spoke to the young people about developing leadership skills. Mayor Godfrey is currently the youngest elected full-time mayor in the United States. Other highlighted speakers included Miss Utah USA 2005 Marin Poole, John Paul Murphy, Miss Roy Holly Avis, Brad Barton, and Sarah Southerland, author of Not Another Sarah.

Encouraging higher education, last year's GYC President Kim Sieb donated \$1,000 to provide 4 scholarships in the amount of \$250. GYC graduating high school seniors submitted scholarship applications which were evaluated on participation in the four areas of GYC: substance abuse, safety, anti-violence, and service. The recipients of the scholarships were: McKynsie Giles, Cade Hunter, Whitney Young, and Brittney Shields.







GYC Presidency: (Left to Right) Kamille Ortiz, Dax Levine, KristiRae Alldridge, Wade Moon, Lauren Hill, Jaime Groesbeck, Lindsey Dale

One of the main events included a change of leadership. The Statewide Presidency of the GYC is released from their positions and a new Presidency is chosen each year at the Summit.

"I love my job! Working with these bright, motivated, young people who are dedicated to changing their communities through volunteerism. I'm always sad to see the presidency released, but a new group comes in full of ideas and energy, I look forward to working with them," said Reaves.

The new GYC officers for 2007-08 are:

Kristi Rae Alldridge, President; Jaime Groesbeck, Vice President; Kamille Ortiz, Secretary; Wade Moon, Safety Committee Chair; Lindsey Dale, Substance Abuse Chair; Dax Levine, Anti Violence Committee Chair; Lauren Hill, Service Committee Chair.

The summit was sponsored by the following agencies: Utah Division of Substance Abuse and Mental Health Services, Utah Office of Education, Utah Department of Highway Safety, and the Utah Department of Alcoholic Beverage Control





KUED's "Aftermath of Meth"

Editor's Note: The Divisions of Child and Family Services and Substance Abuse and Mental Health helped sponsor KUED's documentary. Human Services employees appearing in the program include retired DCFS Director Richard Anderson, Substance Abuse and Mental Health Deputy Director Brent Kelsey and Public Information Officer Carol Sisco

The story of the methamphetamine crisis in rural America - specifically the American West – is one focused on the devastation of families, individuals, children, ancient tribal rituals and the environment. It's a story that epitomizes the changing landscape of the rural West, a story happening in our own back yard.

KUED'S "Aftermath of Meth," airing May 30 at 8 p.m., is a hard-hitting probe of the drug that is devastating many small, rural communities in the West. Kathy Weiler, who previously produced "Substance of Denial" for KUED, produced the documentary. It is followed by a studio discussion among local experts at 9 p.m. and a screening of the film "Mother Superior" at 9:30 p.m.

The unique attributes that make the American West so appealing also make it fertile ground for meth manufacturers. "Small Town America" has now become a high-stakes venue for methamphetamine trafficking.

In examining the meth epidemic in the rural Intermountain West, a variety of issues come to the fore, including inadequate efforts of thinly-stretched, small-town law enforcement, overburdened healthcare facilities and vulnerable Native American populations. The epidemic also is causing a burgeoning health care crisis affecting women, children and their families.

The documentary focuses specifically on four stories-- how a Mexican drug cartel cleverly introduced meth to Wyoming's Wind River Indian Reservation; how the meth epidemic is fueled by the oil and gas boom in the Uintah Basin, Western Colorado and Wyoming; the environmental contamination from cooking methamphetamine in clandestine labs and open spaces; and children endangered by living in toxic environments where adults are using or manufacturing meth.

In 2001, a Mexican drug ring based in Ogden, Utah developed a comprehensive business plan that directed over 100 pounds of meth – enough for 45,000 doses, with a street value of \$6.5 million -- onto the Wind River Reservation, home to the Eastern Shoshone and Northern Arapaho tribes. The plan involved a potential consumer



base (Indians living on the reservation or nearby); successful businesses that already prey on addicts (the liquor stores); a regular source of income their customers could use to buy meth (monthly tribal checks); and the conviction that consumers of alcohol could be converted to meth consumers (free samples).

Three drug-ring members from the Utah-based cell rented houses near the reservation, formed romantic relationships with Indian girls, thereby gaining entrée to the reservation. Within five years, the reservation became a 2.2 million acre Mecca for meth abuse. Assaults tripled, thefts doubled and child abuse increased 85 percent.

Also playing into the growing meth problem in the heart of the Rockies is the energy boom with abundant oil and gas drilling operations. With the boom has come a young, roughneck workforce making high salaries. With the big money and oil flow has come a substantial increase in assault, domestic violence, theft and meth addiction, which is overwhelming rural law enforcement agencies. An estimated one third of all rig crews in the Rocky Mountains have meth problems that require a new subset of health and safety concerns.

Steve Tamlin is an inmate doing time for meth possession. The details of his story could be told by any number of workers in the oil and gas field trying to get through 12-hour days of drilling with the help of meth. While some rig operators do periodic drug testing, others find looking the other way keeps the production "boom" moving smoothly and on schedule.

The environmental impact from methamphetamine abuse is also taking an immense toll on the remote landscape of the American West, which is rapidly becoming the kitchen of choice for many meth cooks. For each pound of meth produced, five-to-ten pounds of toxic waste end up in the county landfills, farmlands, national forests and local water systems. Paraphernalia such as needles and cotton swabs left behind

(continued - p. 5)



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KUED's "Aftermath of Meth" (continued)

compound the problem. Former meth labs in homes, motels, storage facilities, trailers and even car trunks leave dangerous residue that can't be cleaned up.

The fallout from methamphetamine includes neglected and endangered children who are flooding the legal system with their need for protective guardians. These children live in toxic, drug-infested environments where they sleep and eat off surfaces contaminated by meth's residue. The children living under the care of adults who use and/or manufacture meth are often subject to permanent health damage such as respiratory distress that comes from breath-

ing meth's toxic fumes. Parents who stay up for weeks at a time often leave children on their own to find food and stay clean, or worse, physically abuse them. Meth's impact on families has put the Division of Child and Family Services on a "red alert."

The film profiles a young 18-year-old girl who assumed parental duties at home because of her meth-using mother and her father who was recently released from prison after serving a sentence for meth abuse.

When it comes to meth, you never know who ultimately will be affected.

Youth and Art

Lisa Schauerhamer, Juvenile Justice Services

Youth in Juvenile Justice Services have a lot of artistic talent. Now, their art work can be enjoyed by many. The new JJS Art Gallery showcases the colorful and creative works on the fourth floor of the Department of Human Services building in Salt Lake City.

One piece of particular interest is a tile painting of "Dos Angeles." It is a replica of artist Jaime Olaya's painting and has a story behind its creation.

Art teacher Sue Stevens obtained a print of the original, cut it into squares, and distributed squares to the students. They had no prior

viewing of the original. Their assignment was to paint just the squares they were given on a white piece of plaster tile. All the students used the same pre-determined paint colors to insure continuity. After all the tiles were painted, the students were shown the original copy of the painting and allowed to fit the pieces together (like a jigsaw puzzle). They then glued the tiles to a masonite board, grouted, and sealed the painting. It is beautiful!

There's more art to enjoy and pieces will be rotated through the gallery. So, come on by next time you at the State Office building.



Number 4

Postcards from Office of Recovery Services – "Wish you were here!"

This month's questions:

What three people would you invite to dinner? What has been your best day at ORS so far? What did you do before joining ORS?



Human Touch

From:

Joye Downey - Salt Lake, ORS

Three to dinner: My Great Aunt Marie - she was one of the most loving women that ever lived. I just want to be able to spend some more time with her. Also, Leonardo da Vinci and Jesus, there are so many questions I would love to ask them.

Best day at ORS so far: I don't remember the date, but it was an incredible day when I felt I was finally getting a handle on some things that I had been struggling with. The day my boss, Jackie, was laughing with me while I was trying to record an outgoing telephone message for the tax line. The day that flowed perfectly and I was so productive. The day I was relieved that I had a wonderful group of people to work with. The day I felt like I was making a difference in someone's life. Maybe my best day is an accumulation of many days since I have started in ORS.

Before joining ORS in December 2006: I was the office manager for Wood Realtors. I also had my own business doing website design.



From:

Ronda Jones Ogden, ORS

Three to dinner: We moved here from Montana in 1981, and did not get a lot of time to spend with our grandparents, so I would love to be able to spend time with them. They are both gone now. My Grandma Ann made the best homemade spaghetti and ravioli dinner, and my Grandpa

My Grandma Sharette is still alive, so I would love to spend more time with her, I used to love to sit with her to watch her sew. She used to make us the best stuffed animals!

Best day at ORS so far: Would be our office Christmas Party. Even though I was on the committee to help plan the party, it was nice to have management involved in the process, too.

Before joining ORS: Assistant Manager at Motor Vehicle



Thanks to Catherine Taylor, ORS for this month's postcards! You too can email your co-worker's name in for "Postcards" DLRussell@utah.gov



Human Touch

Postcards from Office of Recovery Services – "Wish you were here!" (continued)

This month's questions:

What three people would you invite to dinner? What has been your best day at ORS so far? What did you do before joining ORS?

From: **Gloria Currier** Layton, ORS Three to dinner: Three people I would like to have dinner with are: Anne Frank, Mother Theresa and Princess Diana. I chose these 3 people because of their strength and compassion for humanity and devotion to help. Best day at ORS so far: Would be everyday that I To: come to work - I come to work with a smile and am still able to go home with it. I work with an excel-All the great folks in DHS! lent team (CSU/Team 14) and supervisor who have assisted me from the beginning. Before joining ORS in October 2006: Before joining the CSU family, I was English as a Second Language teacher for K-6th grade.

Thanks to Catherine Taylor, ORS for this month's postcards!
You too can email your co-worker's name in for "Postcards" DLRussell@utah.gov

Faces of DHS in Price



Featured Price Staff: Amanda Hicks, Austin Cartwright, Ben Moore, Bill Thayne, Burt Bruno, Greg Daniels, Janet Kinder, Josh Jenkins, Mandy Penovich, Tawnie Hintze, Tracy Barker and Vikki Kinder

Number 4

Maria Ponce, Juvenile Justice Services



Lisa Schauerhamer named "Committed Community Partner"

Salt Lake Community College honored Lisa Schauerhamer at the State Capital on April 3, 2007 as their "Committed Community Partner." Lisa's work between the community college and Juvenile Justice Services connects students to volunteer opportunities with youth in JJS custody.

Lisa is the Community Relations Coordinator for Juvenile Justice Services. She serves on the Community College's Thayne Center's Advisory Board and the Partners in Service-Learning Steering Committee. She has presented at the Engaged Scholar Retreat and Service Conferences on bridging the gap between the classrooms and "real world" volunteer experience in JJS.

Lisa is a true example of "relations" in action. She maintains positive and productive relationships with our surrounding universities, colleges, nonprofit agencies and other influential community members. Congratulations Lisa on your leadership award!

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Word of Mouse - Access Utah

Mark Smith, Access Utah

Did you know that Access Utah Network is Utah's only cross disability information and referral line? This means Access Utah Network can answer questions parents might have about their children with disabilities as well as answer questions seniors might have regarding accessible transportation options, affordable housing or chore services.

We can answer the many questions families of someone newly disabled might have as far as specifications on building a safe ramp or widening doors in the house for accessible wheelchair living. We can give suggestions where to find materials for such a project or how to find funding or materials. The service is open and available to everyone including caseworkers, service providers and other DHS staff.

Access Utah Network maintains a full service website at www.accessut.org . Our website has a page highlighting resources for the Americans with Disabilities Act, Events Calendar, Program Referral, a Disability Links Page and our equipment Sales Bank.

Each of these pages has a wealth of information but the page which receives most activity is the Sales Bank page. The Sales Bank allows people to list their equipment for sale, trade or donation. Power wheelchairs, regular wheelchairs, hospital

beds and lift equipped wheelchair vans are just some of the items we have listed on the Sales Bank page. Items are always being listed to this page and we encourage you to see what's new today.

Whatever you or your clients are looking for or whatever your question might be you can start your search with Access Utah Network and we'll see you get the right answer for your questions on disabilities.





Training Tidbits

Are you ready to Spring forward with new information and skills? Below are just a few of the upcoming training opportunities supported by the department:

Western Region Child Welfare Institute

April 25-26, 2007

Aspen Grove, Utah

For additional/registration information contact Marlene Goodrich, 801-538-4405, mgoodrich@utah.gov. Note: Although the training is designed to meet the needs of DCFS employees, non-DCFS individuals may register/attend.

Annual Crime Victims Conference: The Power of One. The Strength of Many.

April 26-27, 2007

South Towne Exposition Center

Sandy, Utah

For additional/registration information contact Jennifer Menteer, <u>jmenteer@utah.gov</u>, 801-238-2360. Note: Registration fees apply.

Family Links Conferences 2007 - Southwest

April 27-28, 2007

St. George, Utah

For additional/registration information contact Jackie Pierce, 801-272-1051, 800-468-1160,

jackie@utahparentcenter.org or visit

www.utahparentcenter.org. Note: Registration fees apply.

TANF, Food Stamps and Child Care for Human Services Agencies Conference

April 30-May 2, 2007

Radisson Hotel Salt Lake City Downtown

Salt Lake City, Utah

For additional/registration information contact Simone Roy, 603-271-4694, sroy@dhhs.state.nh.us, Dague Clark, 603-271-4817, dbclark@dhhs.state.nh.us, or visit the HSFo website, http://www.hsfo.com/.



No one limits your growth but you. If you want to earn more, learn more.

- Tom Hopkins

Annual Conference of Agencies & Organizations Serving Troubled Youth

May 9-May 11, 2007

Snowbird Cliff Lodge

Little Cottonwood Canyon, Utah

To register, visit the website,

www.troubledyouthconference.com. If you have questions contact Alexandra Urban, aurban@utah.gov, 801-265-7581.

National Institute for Trial Advocacy (NITA) Program

May 16-May 19, 2007

Salt Palace Convention Center

Salt Lake City, Utah

For additional/registration information call 801-297-7036 or visit, <u>www.utahbar.org/cle</u>.

School on Alcoholism and Other Drug Dependencies

June 24-29, 2007

University of Utah

Salt Lake City, Utah

For additional/registration information contact Susan Langston, 801-538-4343, slangston@utah.gov. Note: Registration fees apply; partial scholarships are available.

Are you aware of a training or conference that we don't have listed? If so, please notify Elizabeth Sollis, esollis@utah.
gov 801-538-4275. You may also submit events online on the training calendars, www.hstraining.utah.gov.

Inspiring Quotes



First they ignore you, then they laugh at you, then they fight you, then you win.

- Mahatma Gandhi



For true success, ask yourself these four questions? Why? Why not? Why not me? Why not now?

- James Allen

Attention Directors and Supervisors!!!

Please ans	wer the foll	owing questions:
YES	NO	
		Are you "in check" with the department's training goals?
		Does your division place an emphasis on training?

Whether you answer "yes" or "no" to these questions, you can strive for the "yes". One of the best ways to ensure employees are meeting training needs is to train the people at the top - that includes you!

The Office of Human Resources offers a variety of free training sessions, specific to supervisors; the only cost to you is your time. So, if you want to:

Improve your management skills

Reduce liability

Gain/maintain/ enhance respect from your staff Set the example – be a leader – enjoy training opportunities

Then you can register today! For more information about supervisor/managerial and other training sessions visit, www.hstraining.utah.gov. The next few Supervisor training sessions are scheduled as follows:

Section 3 - Administrative Skills

April 24-25, 2007

8:30 a.m. - 4:30 p.m.

DHS Administration Building, Room 129

For registration details, go to

www.hstraining.utah.gov and view the Conferences/Advanced Training Calendar.

Section 4 - Performance and Liability Management Issues

May 8-9, 2007

8:30 a.m. - 4:30 p.m.

DHS Administration Building, Room 129

For registration details, go to

www.hstraining.utah.gov and view the Conferences/Advanced Training Calendar.

June School - 56th Annual University of Utah School on Alcoholism and Other Drug Dependencies

The University of Utah's School on Alcoholism and Other Drug Dependencies will be held June 24th through 29th. This is a great training opportunity for professionals working with clients who suffer from addiction. Brochures and information are available at the Division of Substance Abuse & Mental Health's front desk (120 N. 200 W., Suite 209) or online, http://uuhsc.utah.edu/uas/.

Highlighted trainings available at this year's school are:

Employment for Ex-Offenders: Placement Help for Individuals with Criminal Records (Offered in: **Vocational Rehabilitation Sections**)

Poly Drug Use (Offered in: American Indian Sec-

More Effective Drug Testing: Tools & Challenges (Offered in: Criminal & Juvenile Justice Section)

Professional Survival (Offered in: Substance Abuse Overview and Current Issues Section and Drugs: Treatment and Rehabilitation Section)

The ABC's of Motivation (Offered in: Education, Prevention & Youth Counseling Section)

Going Home: The Elimination of Self-Defeating Behaviors (Offered in: Professional Treatment Section)

Celebrating Recovery: Creating Enthusiasm and Motivation for Living in Recovery (Women's Treatment Section)



Kevin McCauley, M.D.- Opening Address: Beyond the Disease Model of Addiction

John McAndrew- Gooderham Lecture: Good Enough: The Art of Not Being Perfect

Chuck Jackson, Ed. D.- Closing Address: Breaking Camp

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